## Attending your in-person session

Please **do not attend the clinic room if you are feeling unwell**, and experiencing any flu like symptoms. Contact me as soon as possible to let me know so we can either change your appointment to an online session, or reschedule it to another suitable time. Always seek medical assistance in case of emergencies.

Please be aware and understand that there is a **late cancellation fee of $60** within 24hrs. And the **full price** of the scheduled appointment will be charged for a **no show** or **later than 15mins** without reasonable cause.

When you arrive you will be asked to fill out a consent form for the treatment session. Please ask me for a copy if you wish to peruse it prior to the day and I can email you a copy to read.

### What to please bring to your appointment...

- Wear comfortable clothes so your limbs can be freely moved around in comfort.
- A pair of socks and a warm jumper, cardi or jacket due to possible body temperature changes during the session.
- Ample drinking water, sufficient hydration is essential for wellbeing.
- Reading glasses if you wear them.
- Hearing aids if you wear them.
- Your completed pre-session questionnaire if you haven't already emailed it back to me.

### Payments…

- Cash payments are preferred at the time of the visit.
- If wanting to pay by direct credit, please let me know so you can do so before your session, otherwise this can be done at the time of the session, ensuring this is done within your hour and a half session.

### Access

- Access is at ground level and flat off the driveway.

### Toilet facilities

- There is a toilet available to use on the ground level within the laundry room. Apologies, it is not wheelchair accessible.
- The toilet cubicle has a small entrance with a glass sliding screen door and a lip to step over of approximately half a foot/17cm.
- There is a level access and tiled flooring in the laundry where there is space for a wheelchair, and opportunity to bring your own urinal or pan to use in there if able to do so with your support person.
- I do not have a hoist available.
- Therapy can be carried out whilst in the wheelchair, if transferring onto the static massage table is not a safe option.
- If you need any specific equipment for accessing the toilet facilities, please either bring your own, or discuss your needs to see if we can arrange something that suits.